	Year 1 PSHE	
Wellbeing	Changes	Staying Safe
 Pupils learn: about the different types of feelings about managing different feelings about change or loss and how this can feel 	 Pupils learn: that they are unique and made in the image of God that the difference between boys and girls is part of God's creative and loving work to understand and respect the differences and similarities between people 	 Pupils learn: about keeping safe in the home about keeping safe outside about road safety about how much time to spend on their computers and about how they can use their spare time
Being Healthy	Caring for Others	The Wider World
 Pupils learn: about food that is associated with special times, in different cultures about active playground games from around the world about sun-safety 	 Pupils learn: about what makes themselves and others special about being cooperative with others about sharing with others (including how it feels) 	 Pupils learn: about growing plants about the different jobs that people do about reducing and reusing waste (including food waste) about the UN - rights, peace, dignity and equality on a healthy planet