

Year 3 PSHE		
Wellbeing	Changes	Staying Safe
<p><b>Pupils learn:</b></p> <ul style="list-style-type: none"> <li>• about celebrating achievements and setting personal goals</li> <li>• about dealing with put-downs</li> <li>• about positive ways to deal with setbacks</li> <li>• to understand the range of feelings they have and how to recognise them in others</li> </ul>	<p><b>Pupils learn:</b></p> <ul style="list-style-type: none"> <li>• that they are growing and changing</li> <li>• about growing from young to old</li> <li>• about the different types of family</li> <li>• the ways in which their home life is special</li> </ul>	<p><b>Pupils learn:</b></p> <ul style="list-style-type: none"> <li>• to recognize bullying and understand how it can make people feel</li> <li>• about different types of bullying and how to respond to incidents of bullying</li> <li>• about the effects and risks of smoking tobacco and second-hand smoke</li> <li>• about good and bad use of the internet</li> </ul>
Being Healthy	Caring for Others	The Wider World
<p><b>Pupils learn:</b></p> <ul style="list-style-type: none"> <li>• about making healthy choices about food and drinks</li> <li>• about how branding can affect what foods people choose to buy</li> <li>• about keeping active and some of the challenges of this</li> </ul>	<p><b>Pupils learn:</b></p> <ul style="list-style-type: none"> <li>• about what makes themselves and others special</li> <li>• that everyone needs to be cared for</li> <li>• about how they can care for others</li> <li>• about roles and responsibilities at home and school</li> <li>• about being cooperative with others</li> </ul>	<p><b>Pupils learn:</b></p> <ul style="list-style-type: none"> <li>• about valuing the similarities and differences between themselves and others</li> <li>• about what is meant by community</li> <li>• about belonging to groups</li> <li>• why people choose certain jobs</li> <li>• about the UN - rights, peace, dignity and equality on a healthy planet</li> </ul>

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