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**WINIFRED'S**  
CATHOLIC PRIMARY SCHOOL



**Committed to Safeguarding**

**Nursery through to Year 6**  
**Newstead Road,**  
**Lee,**  
**London**  
**SE12 0SJ**

**Tel: 0208 857 8792**

Headteacher: Ms Claire Gillespie

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10<sup>th</sup> March 2023

Before/After school clubs Summer 2023

Dear Parents and carers,

Many thanks for all your feedback from the Spring club survey form. It's great to hear all the things that are going well and also hear about the areas that we can improve on. We have used the feedback provided to create our summer term provision.

Please see information below about the before/after school clubs that we would like to offer for Summer Term 2023 from the week commencing 17<sup>th</sup> April 2023-14<sup>th</sup> July 2023 (12 sessions in total apart from clubs on a Monday which will total 9 sessions due to an INSET day and 2 bank holidays).

There is a table to display information about the clubs that we would like to offer, year groups that are able to participate and the day and times the clubs will take place. The information for the number of places available for each club and the prices that will be payable for the whole term can be found on the club selection form attached. The children attended a very exciting assembly yesterday, where some of our new clubs were showcased for them. There will also be posters displayed near our school entrance with details of each club.

Please note that we will only be able to run clubs that have sufficient pupil uptake. If you wish for your child to attend any of the clubs, please complete the club selection form and email it back to the school office or return a printed copy by 17<sup>th</sup> March 2023. If you need a printed copy please ask at the office, where the staff will be able to provide you with one.

You will receive an email advising you which club your child has been allocated before the clubs start. The contract will be given to your child to bring home for signing. The whole form MUST be returned before the clubs start as it is confirmation from you of acceptance of the place/s offered.

If you have any questions, please do not hesitate to ask.

Yours sincerely

Michelle Carey  
Deputy Headteacher

## Summer 2023: Weekly Overview

Breakfast: 7:45-8:30am

	Monday	Tuesday	Wednesday	Thursday	Friday
Playground				Yr 5&6 Football	
Hall			Yr 4-6 Karate		

After School:

	Monday	Tuesday	Wednesday	Thursday	Friday
Playground	Yr 3&4 Cricket 3:15-4:15pm	Yr 1-6 Multisport 3:15-4:15pm	Yr 3-6 Tennis 3:15-4:15pm	Yr 4-6 Volleyball 3:15-4:15pm	
MUGA	Yr 1&2 Football 3-4pm	Yr 3&4 Football 3-4pm		Yr 3&4 Football 3-4pm	
Computing Suite			Yr 4-6 Coding 3-4pm		
Hall	Yr1-6 Gymnastics 3-4pm	Yr 4-6 Musical Theatre 3-4pm	Yr 3-6 Choir 3-4pm	Yr 1-3 Musical Theatre 3-4pm	Yr 1-6 Archery 3-4pm
Music Room	Yr 4-6 Orchestra 3-4pm				
Classroom			Yr 2&3 French 3-4pm Yr 1-3 Kids with bricks 3-4pm		

### Football club (years 1-6 various days)

Winning Post Sports football coaches are all FA qualified and all have coached at professional clubs across London. Their sessions are aimed at improving basic technical skills, small sided games, including teamwork and FUN!!



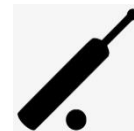
### Orchestra club (years 4-6, Monday)



Mr Howell will be running an orchestra club for children in years 4-6. This is open to children who have instrumental lessons either at school or at home with the flute, clarinet, trumpet, violin, 'cello etc. There are also a limited number of places for children who play piano, guitar, ukulele and drums. If in doubt, please speak to Mr Howell before applying.

### Cricket club (year 3 and 4, Monday)

Winning Post Sports cricket coaches are all ECB qualified. Their sessions are aimed at improving cricket technical skills, i.e. Batting, bowling catching and fielding and FUN cricket games!!



### Choir club (years 3-6, Wednesday)



Mrs Killick meets with our choir club on Wednesdays after school, from 3pm to 4pm and it is open to all abilities - you just need to want to sing! We sing a wide range of songs and we aim to perform occasionally.

### French club (years 2 and 3, Wednesday)



Mrs Reborah will introduce children to French and teach them how to say common words and phrases whilst having fun, participating in a range of different activities, singing in French and saying traditional rhymes. It's always great fun and high energy and the children get to learn another language or build on their existing knowledge of French whilst doing so.

### Volleyball Club (years 4-6, Thursday)

Run by Active Sports Group children will have the opportunity to engage in a high energy sport, working on flexibility, balance and coordination whilst also focusing on footwork and hand eye coordination. Children will be taught the skills of volleyball whilst having fun, playing games and learning about the benefits of physical activity



### Musical theatre (years 4-6, Tuesday and years 1-3, Thursday)



Bringing the excitement of musical theatre to children; this club gets children acting, singing and dancing along to stories and songs, they know and love (Matilda, Frozen, Six, The Lion King, Cinderella, etc.). Skills they focus on include rhythm, co-ordination, expression, teamwork, presentation and musicality whilst building character, self-confidence and self-esteem. The club is taught by a professional musical theatre performer from Zumba Stars London.

### Karate (years 4-6 Wednesday)

Run by London Karate Academy, Karate is great way to keep fit and healthy. It provides children with a combination of discipline, guidance and enjoyment and remains connected to its Japanese roots. Using defensive movements, children will learn to respect their opponents and develop their own character at the same time.



### Gymnastics (years 1-6, Monday)



Run by Active Sports Group gymnastics is a fantastic sport for children's health, fitness and well-being. This club will encourage children to be creative as well as working on children's body strength and flexibility. Gymnastics helps to build self-morale and determination in a fun and safe environment.

### Multisport (Years 1-6, Tuesday)

Run by Active Sports Group this club has something for everyone. It offers a wide range of different sports that promote athleticism, balance, speed and agility. Through experiencing a variety of different sports children have the chance to enjoy new experiences and might even gain a new and exciting hobby.



### Tennis (years 3-6, Wednesday)



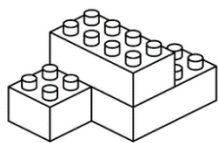
Run by Active Sports Group this club will develop tennis skills for those either new to tennis or those who have already had experience. This club will focus on fun tennis skills encouraging fitness, confidence, fine motor skills, hand- eye coordination and team work. Children will learn how to serve, rally and score!

### Archery (years 1-6, Friday)

Run by Active Sports Group no experience needed, this club is a great and extremely safe introduction to archery. Children will get to use bow and arrow (safety arrows) to attempt to hit the target. A great sport for developing accuracy, concentration and patience. Children will understand the importance of precision and will have great fun trying to achieve different challenges.



### Kids with Bricks (years 1-3, Wednesday)



Building and creating is used as a vehicle to learn about a wide range of fun topics. Each week there is a short video that guides the children through some learning based on a theme or on a topic and then the children get to explore the resources and create their own masterpieces either individually or with their peers with Mrs Mullins.

### Coding club (years 4-6, Wednesday)

As well as having fun, the aim of the club is to learn the basic concepts of coding using the Scratch online graphical programming tool. Children will make games and animations. All are welcome, no previous Scratch experience necessary. Children will also have the opportunity to start looking at some coding concepts using Scratch during their sessions with Tech Assist London.

